



Dear Winston Community,

As this school week draws to an end, I am sure we have all had moments of confusion, frustration, panic, as well hints of joy, togetherness and pride. Perhaps some of these feelings occurred simultaneously which causes more unsettled thoughts. Our students, our faculty and our families have benefitted from each other by offering comfort and structure to our days.

Here at Winston, we have valued the importance of KINDNESS in our daily lives for many years. We count on it and we look for it. By doing so, we elevate ourselves and each other.

Please continue to focus on the KINDNESS that surrounds you. Our children are watching our reactions so carefully at this moment in time. Let them know when something was said or done that truly warmed your heart. Sing songs, read books, watch movies together and search for the KINDNESS. You will find it.

Attached is a resource about [KINDNESS](#). We hope you will consider reviewing it among the many resources that you have recently received.

The Counseling Team congratulates all of us for completing this week with a tremendous amount of effort, kindness and respect. It is "The Winston Way".

Best regards,

Beth Leiderman, Director of Counseling
Andrea Reiter
Reshma Patel
Chloe Sica
Jana Luber

<https://www.randomactsofkindness.org>